

THE A.A. BICYCLE - TRAVELING THE ROAD OF RECOVERY

THE WHEELS:

One drunk talking to another forms a little group - others join them and as they grow and expand more little groups are formed. These little groups are the rubber tires of each wheel.

One wheel has many spokes known as **INTERGROUP REPRESENTATIVES (IGR's)**, who attend intergroup meetings keeping a two-way flow of information going between the **Central Office** and the little groups.

These spokes connect at the **HUB**; which is the **INTERGROUP** or **CENTRAL OFFICE**; who elect officers and appoint committees to carry-on the work of the little groups locally.

One wheel has many spokes known as **GENERAL SERVICE REPRESENTATIVES (GSR's)**, who attend **DISTRICT** meetings linking his/her little group to A.A. as a whole.

These spokes connect at the **HUB**, which is the **AREA ASSEMBLY**; who elect officers and appoint committees to carry the voice of the little groups to A.A. as a whole.

THE FRAME:

The **GENERAL SERVICE OFFICE (GSO)**, is the **HUB** of A.A. activity something like an oversized intergroup or central office? But, it is much bigger... The A.A. business office nationally only more.

THE CRANK:-

The **GENERAL SERVICE CONFERENCE**, the actual voice and effective conscience for our whole society, operates the movements of the A.A. structure. Together with the **TRUSTEES**, A.A.'s and non-A.A.'s working together, with the **SPECIAL WORKERS**, needed to for the good of all A.A..

THE PEDALS:

The **7th TRADITION** of A.A. is the lever turning the crank which operates the frame.

THE CHAIN:

The **DELEGATES**, as one of the many trusted servants carrying the group conscience from the Areas the Delegates connect the messages from the little groups to the crank, powered by the contributions, and operating the frame turning the wheels.

THE SEAT:

Guiding A.A. as whole from the voice of the little groups is a **HIGHER POWER, A POWER GREATER THAN OURSELVES, THE GOOD ORDERLY DIRECTION' IS GOD.**